



# NEWS RELEASE

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FOR IMMEDIATE RELEASE

## City of Las Vegas September 2006 **YOUNG ADULT AND ADULT CLASSES & ACTIVITIES**

*(All activities are subject to change. List is not all-inclusive. Call centers near you for complete list of classes and activities. Most activities require advance registration.)*

### **Free English As A Second Language Classes** (adults)

Monday through Thursday, 7 to 9 p.m.

Doolittle Community Center, 1950 North J Street, (702) 229-6374.

Eight-week classes are offered by community partner From Dreams to Realities. Call 229-5030 to register or for more information.

### **Free GED Preparation Class** (ages 16+)

Stupak Community Center, 300 W. Boston Avenue, (702) 229-2488.

Call for details on available assistance for preparation to take test for your general education degree.

### **English As A Second Language Classes** (adults)

Monday through Friday. Call 229-5030 for information and fees. Offered through FDR Institute.

Stupak Community Center, 300 W. Boston Avenue, (702) 229-2488.

### **Citizenship Classes** (adults)

Monday through Wednesday, 6 to 8 p.m. and Saturdays 9 a.m. to 1 p.m.

Fee: \$1 per class. Call to register.

Stupak Community Center, 300 W. Boston Avenue, (702) 229-2488.

### **Jazzercise** (ages 12+)

Monday, Wednesday and Thursday, 6:30 to 7:30 p.m.; Saturday, 9 to 10 a.m.

Fee: \$34 per month

Lied Community School, 5340 West Tropical Parkway, (702) 229-5072.

### **Scrapbooking** (adults)

Monday, September 12, 6:30 to 8 p.m.

Fee: \$12

Johnson Community School, 340 Villa Monterey, (702) 229-6175.

School days theme. Bring pictures and basic supplies to have fun creating great scrapbook pages.

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**Cardio-pulmonary Resuscitation (CPR)/AED and First-Aid (ages 16-adult)**

Fee: \$25. Learn cardio-pulmonary resuscitation and basic first-aid. Receive a two-year certification accepted by Clark County School District, foster and adult care licensing and for personal care assistants. Register in advance.

Tuesday, September 12, 6 to 9 p.m.

Becker Community School, 9110 Hillpointe Road, (702) 229-2482.

Wednesday, September 13, 6 to 9 p.m.

Robison Community School, 4794 Harris Avenue, (702) 229-2542.

Friday, September 15, 6 to 8:30 p.m.

Clark Community School, 3074 Arville Street, (702) 365-9272.

Saturday, September 16, 9 a.m. to noon

Lied Community School, 5340 West Tropical Parkway, (702) 229-5072.

Monday, September 18, 6 to 9 p.m.

Cimarron Rose Community Center, 5591 North Cimarron Road, (702) 229-1607.

Tuesday, September 19, 5 to 8 p.m.

Brinley Community School, 6150 Smoke Ranch Road, (702) 646-9046.

Wednesday, September 20, 6 to 9 p.m.

Johnson Community School, 340 Villa Monterey, (702) 229-6175.

Thursday, September 21, 5 to 8 p.m.

Charleston Heights Community School, 6438 Celeste, (702) 878-8644.

Thursday, September 21, 5 to 8 p.m.

Molasky Community School, 7801 West Gilmore, (702) 229-5345.

Tuesday, September 26, 5 to 8 p.m.

Cadwallader Community School, 7775 Elkhorn Road, (702) 229-1633.

Wednesday, September 27, 3 to 8 p.m. (ages 12+)

Municipal Pool, 431 E. Bonanza Road, (702) 229-6309.

**Ladies Destined for Success Workshop (ages 16+)**

Wednesday, September 13, 6:30 p.m.

Fee: \$5

Gibson Community School, 3990 W. Washington Avenue, (702) 229-5096.

Learn how to present yourself in real-life situations. Pre-registration required.

**Scrapbooking Fall Crop (adults)**

Saturday, September 16, noon to midnight

Fee: \$30, includes lunch and dinner

Johnson Community School, 340 Villa Monterey, (702) 229-6175.

Bring your pictures and supplies, use our equipment and dies, for this scrapbooking marathon.

**Adult Fitness Workshop**

Saturday, September 16, 1:30 to 3 p.m. Register by September 9.

Fee: \$5

Cimarron Rose Community Center, 5591 N. Cimarron Road, (702) 229-1607.

A professional trainer teaches everything from nutrition to exercise. Includes snacks and raffle.

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**Free ParenTeen Solutions** (ages 11-17 and adults)

Wednesdays, 6 to 8:30 p.m., September 27-November 1

Cimarron Rose Community Center, 5591 North Cimarron Road, (702) 229-1607.

Youth and parents attend together to learn how to maximize family strengths, reduce behavioral problems, promote communication, build trust and participate in problem-solving, conflict resolution and asset-building activities. Call the Parenting Project at 455-5295 to register in advance.

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